

<u>Pain Rating</u>										
0	1	2	3	4	5	6	7	8	9	10
No Pain										Worst Pain Imaginable

Use the scale above to rate your knee pain levels for the last 48 hours:

Average for the last 48 hours

0 1 2 3 4 5 6 7 8 9 10

Best for the last 48 hours

0 1 2 3 4 5 6 7 8 9 10

Worst for the last 48 hours

0 1 2 3 4 5 6 7 8 9 10