

Global Rating of Change Scale (GROC)

Please rate the overall condition of your knee *from the time that you began treatment in physical therapy until now* (check only one):

- | | | |
|--|---|---|
| <input type="checkbox"/> A very great deal worse | | <input type="checkbox"/> A very great deal better |
| <input type="checkbox"/> A great deal worse | | <input type="checkbox"/> A great deal better |
| <input type="checkbox"/> Quite a bit worse | | <input type="checkbox"/> Quite a bit better |
| <input type="checkbox"/> Moderately worse | <input type="checkbox"/> About the same | <input type="checkbox"/> Moderately better |
| <input type="checkbox"/> Somewhat worse | | <input type="checkbox"/> Somewhat better |
| <input type="checkbox"/> A little bit worse | | <input type="checkbox"/> A little bit better |
| <input type="checkbox"/> A tiny bit worse
(almost the same) | | <input type="checkbox"/> A tiny bit better
(almost the same) |